**Henry Adams – Type 2 Diabetes Mellitus**  
**Overview:**  
Henry Adams is a 60-year-old retired engineer managing type 2 diabetes mellitus. He lives at 789 Elm Street, Brookside, TX, 75001. Contact number: (555) 678-9012.

**Medical History:**

* **Past Medical History:** Diagnosed with type 2 diabetes 8 years ago. Also has hypertension and high cholesterol.
* **Surgical History:** None.
* **Family Medical History:** Father had type 2 diabetes; mother had heart disease.
* **Allergies:** Allergic to sulfa drugs.
* **Medications:** Uses metformin, statins, and antihypertensives.
* **Lifestyle:** Follows a low-carb diet, engages in regular exercise, and is a non-smoker.

**Previous Doctors:**  
Dr. Rachel Green, his endocrinologist, manages his diabetes and adjusts medication as needed. Dr. Jonathan Lee, his primary care physician, monitors overall health and coordinates care.

**Symptoms:**  
Henry experiences occasional fatigue and frequent urination. Symptoms are controlled with medication, diet, and exercise.

**Diagnosis:**  
Type 2 diabetes was diagnosed through fasting blood glucose tests and HbA1c levels showing chronic hyperglycemia.

**Treatment:**  
Treatment involves oral medications, lifestyle modifications, and regular monitoring of blood glucose levels to manage diabetes and prevent complications.